

HELENA LEVITT

ACTRA & CAEA



HEIGHT: 5'1"
WEIGHT: 115 lbs.
EYES: Green
HAIR: Brown
AGE RANGE: 45 - 55 yrs



MOMENTS. CAPTURED. MEMORIES. CREATED.

TELEVISION

Pregnant at 50
The Bold Type
Deadly Secrets
Funny As Hell
Being Human
The Judge

Lead; Lucy
Actor; Receptionist
Actor; Victim's Friend
Actor; Mother in Wheelchair
Principal; Social Worker
Principal; Witness

Elio Castello / REID Framed Studios
April Winney / Freeform
Boris Rodriguez / Wam Group
Adam Brodie / Just For Laughs
Adam Kane / Muse Entertainment
Trevor Evans / Gary Gannaway

FILM

The Unmaking of Josef Balée
The Glam Mothers
Sons Of God
Help Wanted
Sorry
Section 753.2
Entitled Brat

Lead; Ivory Barrett
Principal; Oncologist
Principal; Hasidic Victim
Lead; Entitled Woman
Actor; Mother of The Bride
Principal; District Attorney
Large Principal; Head of HR

McKay Halcro / Concordia University
Antonio DiVerdis / Pellegrini Productions
Mathieu Charest/Adama Pict./Exogene Films
Donna Byrnes / Orkville Productions
Lauren Wise / LWF Productions
Richard Condo / Damascus Productions
Goalcast

THEATRE

Myth of the Ostrich
Late Company
Within The Glass
The Gravitational Pull Of Bernice Trimble
The Shadow Box
Motherhood Out Loud
Aftermath (One Woman Show)
Pool (No Water)
Absurd Person Singular

Lead; Pam
Lead; Debra
Lead; Linda
Lead; Iris
Supporting; Felicity
Ensemble; Multiple Roles
Lead; Andrea Dworkin
Ensemble; Alex
Supporting; Eva

Dale Hayes / d2 Productions
Dale Hayes / d2 Productions
Dale Hayes / d2 Productions
Dale Hayes / d2 Productions
Dale Hayes / d2 Productions
Gordon McCall / Fusebox Productions
Rob L. & Tracy H./The Waterworks Co
Gordon M./ Theatre Of The Black Butterfly
Corey Castle / Griffintown Theatre

COMMERCIAL

Sleep Country Canada
Dormez-Vous
Weight Watchers
Quebec Breast Cancer; Run For the Cure

Principal; Angry Mother
Principal; Mère Faché
Principal; Business Woman
Actor; Character

Radke
Michael Clowater
Cinéland
Ricardo Marrone / Marrone Films

AWARDS

Best Performer in a Play
Best Leading Actress
Best Leading Actress

Broadway World Montreal 2023 – As Pam in Myth of the Ostrich
Broadway World Montreal 2019 – As Linda in Within the Glass
Broadway World Montreal 2018 - As Debra in Late Company

TRAINING & EDUCATION

Alexander Technique & Animal Exploration
Improgym
Film Acting
Shakespeare/Scene Study/Auditions
On Camera Auditions
On Camera Auditions
Professional Acting
Professional Theatre Program

Jean-Louis Rodrigue & Kristof Konrad
Anik Mattern
Shimon Aviel
Gordon McCall
Elite Casting / Rosina Bucci
Kenyon Wells / Andrea Kenyon
Miriam Laurence
The Dome Theatre

SPECIAL SKILLS

Languages: English, French

Accents: American & Canadian Standard English, Received Pronunciation, French Quebecois

Sports: Down Hill Skiing, Water Skiing, Working Out, Boxing

Music/Dance: Vocal Range; Alto; G3 – E5, Dance; Ballet & Jazz

Other: Driver's License, Animal Lover, Caring Mom, Cooking, Travelling

